

## Co-President's Corner

by Margo Craven

I love this weather!

It was a perfect day on April 16 for our Norwood event and the many attendees proved that to be true. Of course we all enjoyed the delicious soups and desserts as well as the terrific walking weather. It was good to see so many people that we don't see all the time. Like I have said in the past, a lot of walkers make the Soup Social a start to their walking year. It was nice that so many participants stayed to enjoy socializing after the meal was served.

Thanks to Betty Foley for creating these routes 6 years ago. Our volunteers only had to make a few changes this year. I do want to thank Sue and Dave Robertson for stepping in for Chris and Chuck Lipson (who were not around) in setting up the buffet with the delicious foods and drinks.

I also want to thank Bea Hait, Monica Hait, Mary Frink, Nancy Estrella, Carol Ann Dorer, Joanne Izbicki, Arlene Girouard, Barbara and Joe Piffat, Verna DeVine, Karan Kolaczyk, Jean Morrissey, Pat Graeben, Sandy Hall, Ellen and Jack Fernandes, Sharon Stumpf, Marianne Marshall, Dawn and Keith Harlow, Ann Plichta and Karen Plichta. Many hands make the work easier. You were all appreciated!



Concord, one of our favorite group walks traditionally on Patriot's Day, was another beautiful day to walk.

Look at our 2016 bookmarks, included with this newsletter, or check our website to see what is coming up next. Group walks are taking place now, so don't miss out.

*Below: Arlene Girouard; soups; Sue Robertson and Carol Ann Dorer arranging the dessert table.*



### Come Friends, Let's Walk

- ❖ Saturday, May 7  
Group Walk:  
Hyannis 10:30 am
- ❖ Saturday, May 14  
Group Walk:  
Portland, CT  
8:00 am (CVVC)
- ❖ Sunday, May 15  
Group Walk:  
Plymouth 10:00 am
- ❖ Saturday, May 21  
Guided Walk:  
Guilford, CT  
9:00 am (CVVC)
- ❖ Saturday, May 28  
Group Walk:  
Quincy 10:00 am

See club or AVA website for starting location details on these events. For group walks, please aim to arrive 15 minutes earlier to sign-in.



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# AVA Achievement Awards (compiled from *American Wanderer*)

Congratulations to the following people on their achievements as shown:

Name	Events	Distance
LeeAnn Hrycaj	10	
Jack Suchodolski		2,000 KM

Did I overlook either your event or distance award? Please let me know so I can include it in the next issue of *Footnotes*.

-Marianne Marshall,  
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# April Meeting Highlights

by Marianne Marshall

## Meeting held Tuesday, April 5, 2016

### Group walks:

Fall River, Saturday, April 30 @ 10:00 am  
Hyannis, Saturday, May 7 @ 10:00 am  
Plymouth, Sunday, May 15 @ 10:00 am  
Quincy, Saturday, May 28 @ 10:00 am  
Wellesley, Sunday, June 5 @ 1:00 pm  
Bristol, RI, Sunday, June 26 @ 10:00 am  
Greenfield, Saturday, August 20 @ 12:00 pm

**Walk coordinator:** AVA 40th year patches (limited number) have been received for A Award at Ashland.

Lowell day event will be Saturday, October 1

New Bedford walk will be Saturday, August 27, starting at the Bristol Community College

Possible date for a walk in Milford October 29

Bookmarks will be printed and distributed once the walk schedule is finalized

A Shelburne Falls seasonal walk being explored for summer-autumn 2016

A Brookline seasonal walk to start at the Waterworks Museum being explored for 2017

**Club Awards:** WnM award year will run from Aug 1, 2015 through June 30, 2016, so awards can be prepared for handout at the Barre Falls picnic walk on July 23.

**Other club/regional/national topics:** WnM Executive Council approved a \$50 donation to the Big Give to raise money for AVA.

Final results on voting for Deputy Regional Director to provide Northeast leadership when Betty Green moves and is unable to continue as Northeast Regional Director not yet received.

A donation jar to help defray costs of hall rental will be available at applicable day events. In addition, a donation jar will be out at all our walks to encourage donations to offset costs in general.

## Norwood Photos:



*The dining area was filled with hungry walkers, there were 14 soups to choose from along with breads & crackers, plus a bevvvy of desserts.*

# Bulletin Board

## NEW SEASONAL WALK in Shelburne Falls, MA

Begins May 1 and runs to the end of the year. 10km and 5km routes offered. Walk circles through Shelburne Falls village including neighborhoods & downtown. Route passes impressive glacial potholes and crosses Deerfield River into Buckland with up & down hills. Stop at the Trolley Museum before heading to Bridge of Flowers. Lots of cute shops & places to eat in town.

Full details at:

[http://clubs.ava.org/gen3/data/event\\_details.asp?eventid=104983](http://clubs.ava.org/gen3/data/event_details.asp?eventid=104983)

The Treasure Valley Club is hosting the **North West Regional Conference from September 16-18, 2016 in Boise, ID**. This conference includes multiple walk and bike events, and the fall weather should be sunny & cool.

More information at

<http://nwregionalconferenceboise2016.weebly.com>

## Next Club Meeting Tuesday, May 3

6:30 pm

St. Michael's Parish Center  
90 Concord Road (Rt. 62)  
Bedford, MA

## LEFT BEHIND!

An insulated bag along with ladles were left behind at the Norwood walk. If you lost these please call Margo at 508-222-1152.

*I would like to thank all those people who had sent me cards while I was recuperating at the rehabilitation center in Brockton. I was pleasantly surprised to also receive a bowl of delicious soup along with some sweet desserts from the Norwood Soup Social. It makes a person feel good to be remembered.*

*Thanks again.  
Jean Jackman*

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Newsletter Submissions to:

[footnotes.editor@gmail.com](mailto:footnotes.editor@gmail.com)

Deadline for next issue: May 21st

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Due to Wellesley's on-going Fuller Brook Trail restoration project, notes have been added to the route directions describing how to get around the construction. The map attached to the directions also shows the suggested route detour(s).

Marianne Marshall, POC



Mary Frink shared some tasty & adorable ice cream cone cookies in Norwood to celebrate the upcoming Ice Cream Parlor special program

One of the great pleasures and frustrations of Volkswalks is coming to a turn in the instructions and somehow missing it. Of course it is frustrating, because you go off path and often have no idea how to get back on path; even more so, if you later discover that the instructions were clear and you just misread them.

Such was the case at the entry point to the Highland Cemetery on the Norwood Soup Walk on April 16, 2016. Linda and I were lucky to take the indicated turn, but a hundred meters along the path we saw that Volkswalkers were scattered across the grounds like ants, but this observation only led us to uncertainty whether we ourselves were heading correctly. Still, we marshalled on and came to the intersection of St. Paul Avenue and Cemetery Avenue, where we found Blanche, a trim woman wondering what direction to take next (and looking a little frustrated). Blanche walked with us for most of the rest of the route.

Now we come to the pleasures of misdirection. Our conversation with Blanche was delightful. It turned out that Blanche was raised in Roslindale, where Linda and I live, only a few blocks from our house. She recalled the sights and sites she grew up with, some long gone, like the Rialto theater, and some transformed, like the shops at the corner of Iona and Belgrade, to which she would

walk down the hill on Iona Street and buy foodstuffs and candy (today there is a pizza shop, Winnie's Skin Care Salon, and across the street an auto repair shop, a yoga studio, and a shabby row of stores now closed).

Blanche told us that she had recently moved to Norwood after 53 years of living in Anchorage, Alaska, which she explained is not so cold as Linda imagined. As we walked, she pointed out the features on our route. We remember most vividly the Norwood Memorial Municipal Building, whose Gothic Revival face glistened in the sunlight, and the massive school building, now medical offices, where she first taught after her graduation from Boston State College (at which, coincidentally, Linda worked in the late 70s and early 80s). Blanche also gave us succinct reviews of the restaurants on Washington Street as we passed through Norwood Center and brief praise of her apartment building, which we also passed by.

What a remarkable discovery for us was Blanche! Almost any Volkswalk offers surprises, unexpected views, gardens, buildings, connections. In our companion we found someone who had connected to her surroundings all her life and now was connecting us.

***Do you have a volksmarching travel story to share?***

*Send it to [footnotes.editor@gmail.com](mailto:footnotes.editor@gmail.com) for publication in a future edition of **Footnotes**.*

## Walk Coordinator Speaks

by Beate Hait

**Shelburne Falls Seasonal Event** – We thank Jan and Bob Varnon for spearheading the opening of the seasonal event in Shelburne Falls on May 1 (and thanks to NERD Betty Green for expediting the sanctioning process). The 10K and 5K routes feature the Bridge of Flowers over the Deerfield River, the picturesque downtown, the Trolley Museum and neighboring town of Buckland. No matter in which season you travel here from May to the end of October, the plantings on the Bridge of Flowers will entice you to slow down and enjoy the colors, scents and views. See the details elsewhere [Editor: see page 4] or on the club website. The Greenfield SE is a short 20 minutes east of Shelburne Falls. Why not “play tourist” and make a weekend of it!

**Club Marathon Challenge Program** – With a good one-mile stretch going from Framingham into Natick, the November 12 event will qualify for both of those towns for the Marathon Challenge Program. The start point is Jack's Abby Brewery and Beer Hall Restaurant in their new location on Clinton Street in Framingham. Details will be forthcoming. Plan on meeting at 11:30 for the guided walk and then staying for a late lunch and perhaps a beer!

Since 2012 when the program began, as promised, there have been at least two events in each of the eight towns that comprise the Boston Marathon route. We heard that there are a few people who still

need Hopkinton, so we will plan to have an event there in 2017. While 2016 is officially the end of the program, it is a club program, and we can modify the rules we laid out. Anyone else need a specific marathon town to complete the program?

**Bookmarks** – Enclosed/attached with this newsletter is a bookmark listing our club's single-day events, group walks in the first half of the year, and all year-round and seasonal events (except Shelburne Falls, which was sanctioned after the bookmark was printed). The date range for Shelburne Falls is May 1 to Dec. 31, and we anticipate renewing the event for 2017.

### **The calendar is complete for our 2016 single-day events:**

Sat. **June 11** – Ashland, MA – Marathon Challenge

Sat. **July 23** – Hubbardston, MA – Barre Falls Dam & Club Picnic

Sat. **Aug. 27** – New Bedford, MA – National Parks Centennial

Sat. **Oct. 1** – Lowell, MA – National Parks Centennial

Sat. **Oct. 29** – Milford, MA – Charles River Trail

Sat. **Nov. 12** – Framingham, MA – Marathon Challenge

Sat. **Dec. 3** – Attleboro, MA Holiday Walk at La Salette Shrine

## Picture Time!



*6km Concord group walkers stopped to contemplate the sunny Patriot's Day weather at Thoreau's gravestone.*

*L-R: Marianne Marshall, Nancy Estrella, Margo Craven, and Joanne Izbicki*