

President's Corner by Mary Frink

I always feel bad for Thanksgiving. Everything seems to go from Halloween straight into Christmas. I like Thanksgiving. It's one of the few holidays that everyone can celebrate. My family has celebrated in various ways as the family dynamic has changed. A few years ago, I became one of the many travelers when we gathered in Utah at my brother's house for the holiday. The airports are just as crazy as they say! This year, it's the Macy's parade at my house and then dinner at a friend's house in Cambridge. I hope that no matter where you end up, you all have a wonderful Thanksgiving!

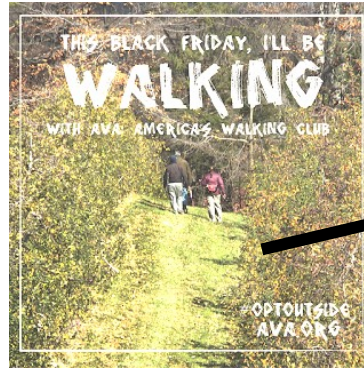
With all the crazy goings on this year, it may seem like there isn't much to be thankful for. I am very thankful that we have wonderful organizations like Walk 'n Mass. Everyone is welcome and no one is excluded. We all participate even if we can't walk as well anymore. We are supportive of each other and look out for each other. When someone doesn't show up to a walk who should, everyone is concerned! We care for each other outside of walking. All we can do is look out for each other and hope for the best.

I am also thankful that Keith Harlow has agreed to be our Vice President for the next 2 years (I hope he's told Dawn!). You may not know, but AVA requires us to have 4 elected officials

(President, Vice President, Secretary, and Treasurer). It sounds extreme, but the club may not have been able to continue without Keith volunteering & being voted in unanimously. Please congratulate him the next time you see him. I promise to make his job as easy as possible!

Ice cream is something everyone is thankful for! I read somewhere recently that New England eats more ice cream than the rest of the country. Given the weather I've gone out in to get ice cream, I believe it! The Ice Cream Parlor special program is doing very well. We've sold 70 books to date and people seem really excited about it. I think they are more excited about sampling all the ice cream than actually doing the walks. The program starts January 1, so get your books now! I will not be at the Attleboro walk, so if you'd like a book, you can mail me a check and I'll send you a book or you can get one at the After-Holiday Party in Bedford at St. Michael's Parish Center (90 Concord Road/Rt. 62) on January 7. We have a club meeting at 9:30 am and the party starts at 11:30 am.

Happy Thanksgiving!



Come Friends, Let's Walk

- ❖ *Friday, Nov. 25*
#OptOutside
Group Walks at 10:00 am in:
Concord
Fall River
Shelburne Falls
- ❖ *Saturday, Dec. 3*
Day Event:
Attleboro
Holiday Lights
- ❖ *Saturday, Dec. 10*
Group Walk:
Cheshire, CT
9:00 am (CVVC)
- ❖ *Sunday, Jan. 1*
Group Walk:
Boston Back Bay;
meet at 8:30 am by US Post Office in Prudential Center, group departs at 9:00 am
- ❖ *Saturday, Jan. 7*
After-Holiday Party
Bedford, MA
9:30 club meeting followed by party at 11:30 am

See AVA or club website for starting location details on these events. For group walks, please aim to arrive 15 minutes earlier to sign-in.

Issue Highlights:

After-Holiday Party Details – 2
Attleboro Preview – 3
Plymouth Group Photos – 3

Bristol for 50th – 3
Bulletin Board – 4
YRE/SE Word Search – 5

Walk Coordinator Speaks – 6
Framingham Pictures – 6

Annual After-Holiday Party & Regifting

by Chris Lipson

Our annual After-Holiday Party will be held on Saturday the 7th of January 2017 at St. Michael's parish hall in Bedford. The start time for the festivities is 11:30 am and all are welcomed to attend the general business meeting earlier at 9:30 am. The club will be providing the food, drinks and paper goods. Do you have something you received but can't use? Then wrap it and bring it in and participate in the regifting swap and maybe you'll find yourself with another treasure. If you are planning to attend, inform me at 781-275-0464 or c2lipson@msn.com so that enough pizza will be ordered. Desserts welcomed!



Thanks for volunteering Keith!

President

Mary Frink, Everett
617-387-1577
mfwalks2010@verizon.net

Vice President

Keith Harlow, Blackstone
508-353-3336
krhguy13@yahoo.com

Secretary

Marianne Marshall, Waltham
781-899-5975
mrbwalker@verizon.net

Treasurer

Karen Plichta, Fall River
508-673-2374
karenp53@verizon.net

Activities Chairperson

Chris Lipson, Bedford
781-275-0464
c2lipson@msn.com

Email Contact

Paul Graveline, Andover
978-470-1971
k1yub@comcast.net

Membership Chairperson

Chuck Lipson, Bedford
781-275-0464
c2lipson@msn.com

Walk Coordinator

Beate Hait, Holliston
508-429-3564
beateh1@aol.com

Group Walk Coordinator

Pat Damiani, Sagamore Beach
508-888-7366
pmdwalks@aol.com

Equipment Managers

Keith & Dawn Harlow, Blackstone
krhguy13@yahoo.com

Trail Master

Ann Plichta, Fall River
508-673-6553
amplic@comcast.net

Assistant Trail Master

Karen Kolaczyk, Marlborough
508-481-7389
kkolaczyk@comcast.net

Print Newsletter Circulation

Ernie & Agnes Laviolette, Hudson
978-562-7023
ealavio@verizon.net

E-Newsletter Distribution

Margo Craven, Attleboro
magoo249@comcast.net

Newsletter Editor

Monica Hait, Holliston
footnotes.editor@gmail.com

Publicity Chairperson

Karen Kolaczyk, Marlborough
508-481-7389
kkolaczyk@comcast.net

Specialties Chairperson

Beate Hait, Holliston
508-429-3564
beateh1@aol.com

Sunshine Coordinator

Chris Lipson, Bedford
781-275-0464
c2lipson@msn.com

Historian

Dawn Harlow, Blackstone
dawnvt@yahoo.com

TAW Coordinator

Verna DeVine, Attleboro
508-399-8512
vernadvn@yahoo.com

Volunteer Awards

Marianne Marshall, Waltham
781-899-5975
mrbwalker@verizon.net

Facebook POC

Jack Suchodolski, Cumberland
suchodolskijack@yahoo.com

Webmaster

Bill Howe, Chelmsford
978-256-7370
bill.howe@bvhowe.com

Attleboro Preview

by Monica Hait



Holiday decorations are already appearing on the streets of Attleboro, and more will be added before our walk on December 3. Walkers hoping to enjoy the Capron Zoo (FREE with your start card) should be aware the zoo closes at 3:00 pm which is earlier than in previous years. Our friends at the LaSalette Shrine and the Industrial Museum are also excited for our annual visit. Don't miss the fun!



Photos by Monica Hait

Plymouth Group Walk Photos

18 walkers came for the walk and Thanksgiving Parade in Plymouth on Nov. 19; some even posed for pictures



Photos by Margo Craven & Beate Hait



50th State Celebration in Bristol

by Dolores Vaz

On November 2, five members of Walk 'n Mass met in Bristol, RI to greet and walk with **Lea Darling** of the Empire State Capital Volkssporters club. Lea chose the Bristol walk since she liked the narrative description, especially the red, white, and blue stripes of the parade route. Lea was very happy with this choice and loved the walk and the town. They stayed at a small B&B just off Hope Street and loved it. She was joined by 8 other members of her NY club. A total of thirteen walkers walked with Lea in honor of her 50-state achievement.

Thanks go to Margo Craven who volunteered to fill in for the Bristol POCs who were unable to meet Lea there. Margo went above and beyond by recruiting Ann Plichta, Monica Hait, Joanne Izbicki and Pat Damiani to make this a very memorable occasion for Lea.

Congratulations to Lea and many thanks to our most gracious WnM members.

Along the walk, we happened upon a Finish line and some 50 signage before reaching the end at Sip 'n Dip, where Dolores was waiting to offer Lea congrats.

Photos by Monica Hait & Margo Craven



Bulletin Board

Heading to Florida this winter?

Check out the events in Blue Springs, DeLeon, and DeLand, FL on Martin Luther King weekend (Jan. 14-16) sponsored by the Happy Wanderers.

Learn more:

www.happywanderersfl.org

The Volkssport Clubs of South Vancouver Island will host the fifth **Victoria Volkssport Phoenix Festival** on **April 21-23, 2017** in Victoria, British Columbia, Canada. Greek & Italian cuisine will be available throughout the festival.

More details and travel info:
<http://vvpf.ca>

Betty Green & her husband Mike have moved out of the NE region, thus ending her tenure as NERD. Chris Mellen is the new interim NERD. We thank Betty for her service and wish Chris luck in taking up the reins.

Next Club Meeting Tuesday, Dec. 6

*featuring tasty nibbles
and holiday fun!*

6:30 pm

*St. Michael's Parish Center
90 Concord Road (Rt. 62)
Bedford, MA*

Newsletter Submissions to:

footnotes.editor@gmail.com

Deadline for next issue: January 15th

Next Footnotes is combined January/February issue

Prudential Center Map



New Year's Day in Boston

We will be meeting as a group to enjoy the Back Bay walk on Jan. 1. With the closure of the Pru's Food Court, we are again meeting at the seating area near the US Post Office in the Pru's Belvidere Arcade (halfway between the Hynes and P.F. Chang's, see star on map). Please join us at 8:30 to sign-in and we'll begin to walk at 9:00.

Boston's First Night has expanded to First Night First Day and special events will be happening January 1 as well. Copley Square will have family activities from noon to 4 pm. See firstnightboston.org for more on the free activities.

S H P R O V I D E N C E S T L O A
H T U O M Y L P U I B M I L L D E
E C A N P I O E R Q A O N K N R T
L O T I C D L P U R C B N S F O D
B A R D B R A I P A K R A G I F E
U B O S T O N A N D B E Y O N D W
R E P D A C E P Y Q A E H S I E N
N E W I Y N F O R P Y X Q F M B G
E C E B L O D C A R O L M A F O R
F A N E W C M W E L L E S L E Y E
A R D G U O X U I S E N B L A B E
L L E W O L M P W C X E O R R P N
L E X I N G T O N B H L T I E R F
S N T H S A D L H I L P S V E O I
T G O E R T N E C N O T W E N L E
A I Y B L F R E E D O M T R A I L
S W E R T M O C D L A Q E H C E D

Bedford
Boston and Beyond
Back Bay
Freedom Trail
Concord
Fall River
Greenfield
Hyannis
Lexington
Lowell

Newton Centre
Plymouth
Quincy
Sandwich
Shelburne Falls
Wellesley
Bristol
Newport
Providence

**Find the names of our
2017 Year-round and
Seasonal events above**
and watch for the 2017
YRE/SE booklet arriving later
this month.

Walk Coordinator Speaks

by Beate Hait

Milford and Framingham wrap-up report – In Milford on Oct. 29 there were 56 participants who enjoyed walking through town and along the Upper Charles Trail. Thank you to Keith and Dawn Harlow for being POCs of that event. Two weeks later (Nov. 12) POCs Bev Lange and Bea Hait welcomed 47 people at the walk in Framingham. Many walkers were appreciative that both of these walks started at an eating establishment (Dunkin' Donuts in Milford and Jack's Abby Beer Hall & Kitchen in Framingham) and enjoyed additional socializing while sharing food and drink.

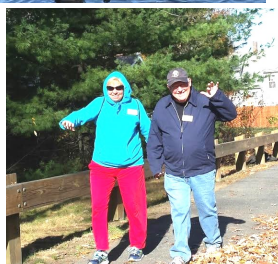
Thanks also go to those who helped with staffing at either of these events: Joel and Susan Weddig, Leo Bourque, Monica Hait, Dave Berglund, John Christiansen, Ernie and Agnes Laviolette, Janet Razulis, Verna DeVine, Mary Frink, Karen Kolaczyk, Jean Morrissey, Joanne Izbicki, Linda and Jim Lunt, Mary Saratora, Pat Damiani, Diane Bucher, Alida and Phil Lupsiewicz, Linda Perrotto, Paul Kelly, Ann Plichta, Karen Plichta, and Nancy Estrella.

Walk Incentive Program – December is your last opportunity to fill all 12 spots on the "All the Old Familiar Places" card. The drawing for prizes will take place at the After-Holiday Party on Jan. 7. Submit your completed cards on that day or at the Attleboro walk on Dec. 3, or mail your card to Mary Frink (38 Carter St. #205, Everett, MA 02149). Judging from the total participant numbers at the end of the third quarter for all our 20 YREs/SEs, more than half of those participating are club members. How can I tell? As a benefit of club membership, WnM members may save \$1 on the credit fee. At the end of Q3, total participation for our YRE/SEs is 745 in the following categories: 26 A award, 7 B award, 223 \$3-credit, 393 \$2-dollar credit, and 96 free. Let's keep walking these events, particularly Nov. 25 as part of the #OptOutside group walks (see page 1) and in December! Overall, total participation is down from prior years.

YRE/SE Totals for full year:

2015: 1337	2013: 1240
2014: 1166	2012: 1252

Framingham Pictures:



Photos by Bev Lange & Beate Hait