

## President's Corner

Spring really is coming. I've seen daffodils and forsythia bushes in full bloom. The little gossipy birds are back in the trees which are red with leaf buds. The Red Sox are playing and are having their best start ever! The sun has been out a few times (I won't mention the snow a few Sundays ago). I've even opened my windows a few times to let the fresh air in!

The best thing is that walks have started again. It was great to see so many people in Holliston despite the cold and damp start. Our next day event is Springfield on May 12 and there is a group walk in Lexington on May 5. The POCs of the seasonal/year-round walks are going to schedule group walks. We will have information sent out as soon as one is scheduled and a calendar on the club website that will be updated. The calendar includes all of the Northeast Region. Our walks start with **WM** in the title. **WM-GW** is a group walk and **WM-TE** is a traditional/day event. That being said, we are still looking for places for

by Mary Frink

day walks this year. I believe we still need a place for a picnic walk. If you have any ideas, please let me or Bea know.

I have a quick update on the Albany convention next year. Things are progressing rather quickly now. Walk descriptions are going to be posted soon and the equipment people are starting to get their lists together. Walk 'n Mass has been tasked with putting together streamers to be used by all the walks. A streamer assembly get together will be scheduled soon! The Springfield walk on May 12 is our dress rehearsal for the convention. The start point will be in a different place, but the rest of the walk will likely be the same. We'd like your feedback on the walk. Is there anything of interest we missed in the directions, are there places that could be marked better, that kind of thing.

Don't forget that this is an election year for the club positions of President, Vice President, Secretary, and Treasurer. We are also looking to fill the Group Walk Coordinator and Membership Chairperson positions. If you are interested or want more information, please let me know. See you in Springfield!

## Come Friends, Let's Walk

- ❖ Saturday, May 5 Group Walk: Lexington, MA 10:00 am
- ❖ Saturday, May 5 Group Walk: Wallingford, CT 9:00 am (CVVC)
- ❖ Saturday, May 12 Day Event: Springfield, MA
- ❖ Saturday, May 19 Day Event: Stockbridge, MA (ESCV)
- ❖ Saturday, June 9 Day Event: Menands, NY (ESCV picnic)
- ❖ Sunday, June 10 Group Walk: Cortland, NY 10:00 am (FLVC)

See club or AVA website for starting location details on these events. For group walks, please aim to arrive 15 minutes earlier to sign-in.



AVA Northeast Region	
Today	Tuesday, May 1
<b>Wednesday, May 2</b>	
ES-TGW-#1-9:00AM-SARATOGA	
ES-TGW-#2-6:00PM - SARATOGA WEST	<b>AGENDA VIEW</b>
<b>Saturday, May 5</b>	
CV-GW - 9AM - Wallingford - Confirmed	
WM-GW 10 AM - Lexington, MA	
Saratoga National Historical Park	
<b>Sunday, May 6</b>	
ES-GW- TROY, NY	
<b>Wednesday, May 9</b>	
ES-TEG-#1-9:00AM-Albany - Corning Park - CON	
ES-TEG-#2-6:00PM-Albany - Corning Park - CON	
<b>Saturday, May 12</b>	
WP-GW - 9:00 AM - Cornwall YRE Group Walk (w	
WM-TE Springfield, MA	
Walk'nMass - Springfield MA	

AVA Northeast Region						
Today	May 2018					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	May 1	2	3	4	5
			ES-TGW-#1-9:00A ES-TGW-#2-6:00P			CV-GW - 9AM - Wa WM-GW 10 AM - L Saratoga National
<b>MONTH VIEW</b>						
6	7	8	9	10	11	12
ES-GW- TROY, NY			ES-TEG-#1-9:00A ES-TEG-#2-6:00P			WP-GW - 9:00 AM WM-TE Springfield Walk'nMass - Sprin

### Issue Highlights:

Walk Box Word Search – 2

Trail Master's Diary: Springfield – 3

Bulletin Board – 4

News from New York – 5

Walk Memories: Woodstock – 6

April Meeting Highlights – 6

Thanks Unknown Gifter – 7

Walk Coordinator Speaks – 8

Photo Time – 8

# Walk Box Word Search

by Joanne Izbicki

- awards
- binder
- brochures
- completed envelopes
- directions
- envelope
- fee
- folders
- insert card
- instructions
- log
- map
- money
- pamphlets
- pens
- POC contact info
- registration
- special programs
- stamp
- stamp pad
- start cards
- waiver
- walk box
- YRE and SE book

A	L	W	A	S	R	E	D	L	O	F	B	R	O	C	H	U	R	E	S
D	X	N	A	T	M	X	C	I	T	S	A	L	P	E	N	S	B	A	G
K	W	M	D	A	V	A	S	T	A	M	P	O	A	Y	O	G	C	O	S
O	A	Y	R	R	D	O	R	C	N	O	C	O	M	M	O	O	T	N	S
O	I	D	A	T	G	B	R	G	I	C	S	E	N	V	E	L	O	P	E
B	V	I	C	C	R	Q	N	X	O	B	K	L	A	W	S	I	L	S	Y
E	E	R	T	A	E	C	O	N	E	R	A	D	I	V	T	O	T	R	P
S	R	E	R	R	E	T	T	O	L	N	P	C	E	C	W	A	Y	D	A
D	A	C	E	D	N	A	T	L	T	R	O	L	U	Q	R	P	E	A	M
N	X	T	S	S	C	R	E	G	I	S	T	R	A	T	I	O	N	P	P
A	G	I	N	T	F	Q	S	L	E	X	T	I	C	I	N	G	O	P	H
E	E	O	I	L	A	W	A	R	D	S	P	A	N	O	C	T	M	M	L
R	E	N	Y	M	I	O	O	U	N	T	R	H	S	A	N	E	D	A	E
Y	F	S	A	Y	E	H	B	I	N	D	E	R	H	C	I	W	P	T	T
O	C	O	M	P	L	E	T	E	D	E	N	V	E	L	O	P	E	S	S

## President

**Mary Frink**, Everett  
617-387-1577  
mfwalks2010@verizon.net

## Vice President

**Keith Harlow**, Blackstone  
508-353-3336  
krhguy13@yahoo.com

## Secretary

**Marianne Marshall**, Waltham  
781-899-5975  
mrbwalker@verizon.net

## Treasurer

**Karen Plichta**, Fall River  
508-673-2374  
karenp53@verizon.net

## Activities Chairperson

**Chris Lipson**, Bedford  
781-275-0464  
c2lipson@msn.com

## Email Contact

**Paul Graveline**, Andover  
978-470-1971  
k1yub@comcast.net

## Membership Chairperson

**Chuck Lipson**, Bedford  
781-275-0464  
c2lipson@msn.com

## Walk Coordinator

**Beate Hait**, Holliston  
508-429-3564  
beateh1@aol.com

## Group Walk Coordinator OPEN—volunteer(s) needed

## Equipment Managers

**Keith & Dawn Harlow**, Blackstone  
krhguy13@yahoo.com

## Trail Master

**Ann Plichta**, Fall River  
508-673-6553  
amplic@comcast.net

## Assistant Trail Master

**Karen Kolaczyk**, Marlborough  
508-481-7389  
kkolaczyk@comcast.net

## Print Newsletter Circulation

**Ernie & Agnes Laviolette**, Hudson  
978-562-7023  
ealavio@verizon.net

## E-Newsletter Distribution

**Margo Craven**, Attleboro  
magoo249@comcast.net

## Newsletter Editor

**Monica Hait**, Holliston  
footnotes.editor@gmail.com

## Publicity Chairperson

**Karen Kolaczyk**, Marlborough  
508-481-7389  
kkolaczyk@comcast.net

## Specialties Chairperson

**Beate Hait**, Holliston  
508-429-3564  
beateh1@aol.com

## Sunshine Coordinator

**Chris Lipson**, Bedford  
781-275-0464  
c2lipson@msn.com

## Historian

**Dawn Harlow**, Blackstone  
dawnvt@yahoo.com

## TAW Coordinator

**Verna DeVine**, Attleboro  
508-399-8512  
vernadvn@yahoo.com

## Volunteer Awards

**Marianne Marshall**, Waltham  
781-899-5975  
mrbwalker@verizon.net

## Facebook POC

**Jack Suchodolski**, Cumberland  
suchodolskijack@yahoo.com

## Webmaster

**Bill Howe**, Chelmsford  
978-256-7370  
bill.howe@bvhowe.com

As I'm writing this, it doesn't feel like spring, but it is here. The weather is bound to cooperate soon. When it does, celebrate spring's arrival at a walk in the park with Walk 'n Mass Volkssport Club. Not just any park...the Frederick Law Olmsted designed Forest Park in Springfield. Join us on May 12 for 6km and 10km walks in one of the largest urban municipal parks in the United States, covering 735 acres. Forest Park began in 1884 with 65 acres of land offered by Springfielder Orick Greenleaf. Shortly afterwards, wealthy philanthropist Everett Hosmer Barney donated an additional 178 acres. They convinced several of their wealthy friends and neighbors to donate the rest. In 1890, Barney built an elaborate 2 ½ story Victorian mansion overlooking the Connecticut River and downtown Springfield. The mansion was razed in the mid 1950s when Route 91 was built. However, the carriage house (pictured below) still stands and serves as a restaurant and banquet hall. The mausoleum to Barney's son also remains.



Forest Park features typical Olmsted park elements including winding wooded trails and expansive views. You'll also find a zoo, aquatic gardens, an open amphitheater, playgrounds, baseball diamonds, and an ice rink. It is the site of America's first public municipal swimming pool.

After leaving the start point at Trinity United Methodist Church, the 6km route goes by tennis courts and continues over a bridge before passing the ice rink, splash pad, and pool. Walkers then follow along a ballfield before heading towards the zoo entrance (separate admission). If you want to visit, the

zoo features large cats, monkeys, and birds, among other species. The route continues on to a pretty covered bridge. After leaving the bridge, walkers will go around ponds, and cross a creek before heading to a wooded path. The route then heads to a park entry road before passing by the tennis courts again on the way to the finish.



*Environmental Center*

The 10km route heads into the woods after leaving the start. From there, walkers will pass by the spectacular carriage house, left over from the Barney estate. It continues to the mausoleum where there is an impressive overlook. Enjoy the view of the Connecticut River and part of the Springfield skyline. The 10km then travels over a bridge, up a hill, and to a park entry booth. There you'll see a statue by Peter Wolf Toth which is part of the Trail of the Whispering Giants. The statue represents Omiskanoagwiak (no, I don't know how to pronounce it), the Wolf-People Medicine Man. Walkers will then head to the covered bridge, around ponds, and by the Environmental Center. The route passes by the Zoo, the Senior Drop-In Center, and some gardens before heading to a ballfield and passing a stadium. It goes on to cross over a creek before heading back through the woods and entry road on the way to the finish.

Both routes have an AVA rating of 2B. They are mostly on paved routes with some natural paths. The 6km has one unpaved hill, while the 10km has one unpaved hill as well as some rolling terrain and paved hills. Neither route is doable for strollers or wheelchairs.

Celebrate spring and take a walk in the park with Walk 'n Mass on May 12 with 6km and 10km routes through Forest Park in Springfield. Hope to see you on the trail!

*Photos by Jan Varnon*

# Bulletin Board

## TAW/AVA Address Changes

*The American Wanderer's* editor states that some issue copies are being returned by the post office. If you are an AVA associate, you must notify AVA HQ of any changes to your address to ensure you don't miss any issues of TAW. Please do not contact TAW directly with address changes as the master mailing list is kept and maintained by AVA HQ.

When attending a club meeting in **Bedford**, please access the St. Michael's Parish Center parking lot from Liljegren Way.

**GPS:** 5 Liljegren Way, Bedford; then from \*\* below Liljegren Way is 0.2 miles north on Rt. 62 East (Concord Road) from St. Michael's. Turn **RIGHT** onto Liljegren Way. \*\*Pass #5 Liljegren Way and continue along road as it curves to the right. Enter St. Michael's parking lot through rear entrance.

## Next Club Meeting Tuesday, May 1

6:30 pm

*St. Michael's Parish Center  
90 Concord Road (Rt. 62)  
Bedford, MA*

## Pedestrians in Boston

John Wetmore of "Perils For Pedestrians" will be in Boston on Tuesday, June 12, 2018. With an arrival at Logan at 9:03 am and departure at 8:16 pm, it is going to be a quick day. If you are or can be in Boston and want to appear on his show to discuss issues of walking in the city, mark the date on your calendar and let John know. He filmed a full episode in Los Angeles with a 12 hour layover. Can he do a full episode in Boston with just an 11 hour layover?

John Z Wetmore  
john@pedestrians.org  
Producer of  
"Perils For Pedestrians" Television  
www.pedestrians.org

-----  
Watch episodes on YouTube  
www.YouTube.com/PedAdvocate

**REMINDER: membership renewals** were due 1 April. For members who have already renewed, thank you. For those who have yet to renew, please do so soon.

--- Chuck Lipson,  
Membership Chairperson

---

Newsletter Submissions to:  
footnotes.editor@gmail.com  
Deadline for next issue: May 21st

---

As the weather improves and spring finally arrives before leading into summer, **outdoor art projects** may start to appear. If you notice any cool "Animals on Parade" or other artistic programs along a YRE/SE trail, please spread the word so others can also enjoy these (temporary) installations. There have been lobsters in Plymouth, pianos & benches in Boston, and other crafty works in recent years. Please email footnotes.editor@gmail.com with any sightings.

# News from New York

## Seeking Volkswalkers with Subaru

by Teresa Kennedy

Hello NE Region Clubs! ESCV became aware that a great number of club members are Subaru drivers. We therefore thought it might be a good idea to pursue Subaru as a national sponsor for the 2019 AVA convention in Albany, NY. So how to do that with an appeal that couldn't be turned down? Good gimmicks sometimes work. ESCV plans to gather in a large open space and use a drone to photograph walkers with their cars which will spell out **AVA**. We figure we need 14 cars for that. Maybe another two for a punctuation point. We are asking if your club members could **submit a photo with a walker and Subaru in front of a recognizable NE landmark**. We will collate the photos and

coordinate with AVA HQ who will submit the request to a Subaru corporate office.

Hope you can help us. My local dealership thought it a neat idea. We are hoping to have the photos by **May 24**.

Email photos to: [leadarling@verizon.net](mailto:leadarling@verizon.net)

Thanks everyone,  
Teresa Kennedy & Lea Darling  
2019 Convention Co-Chairs



Beate Hoff

WnM's Deb Redfield took a photo by the Casey at the Bat statue in Holliston, MA

### 5km and 10km walks on Saturday, May 19 in Stockbridge, MA:

ESCV is hosting a traditional day event in Stockbridge, MA on May 19 with start between 10:00 am and noon, and finish by 3:00 pm. Hopefully the lilacs will be in bloom, their glorious scent pervades the air and should add to the wonderful scenery in this picturesque historical village (with Ice Cream Parlor). Full brochure with details at: [www.walkescv.org/18Stockbridge.pdf](http://www.walkescv.org/18Stockbridge.pdf)

## 28th Year of ESCV Guided Wednesday Walks

From May through August, the **Empire State Capital Volkssporters** sponsor guided walks every Wednesday – generally with a morning start & an evening start. Registration begins 30 minutes before. Learn more at [walkescv.org](http://walkescv.org)

### 9:00 am & 6:00 pm

Wed., May 2 Saratoga Springs West Side

Wed., May 9 Albany Tulip Festival

Wed., May 16 Albany Shaker Farms

Wed., May 23 Ballston Spa - Milton

Wed., May 30 Burnt Hills

Wed., June 6 Slingerlands

Wed., June 13 Malta-Shenantaha Park

Wed., June 20 Niskayuna (Ice Cream Social Blatnik Park)

Wed., June 27 Schenectady Vale Cemetery

### 9:30 am ONLY

Wed., July 4 Greenwich

### 9:00 am & 6:00 pm

Wed., July 11 Waterford City

Wed., July 18 Ballston Spa

Wed., July 25 Amsterdam

Wed., Aug. 1 Saratoga East Side

Wed., Aug. 8 Round Lake

Wed., Aug. 15 Malta Tech Park

Wed., Aug. 22 Schenectady River Walk

### 9:30 am ONLY

Wed., Aug. 29 Voorheesville

## Walk Memories: And Then the Rains Came by Janet Sherrod

Ann Thibault and I arrived in Woodstock, Vermont the night before the Woodstock volkswalk where we overnighed at the Shire Motel located at the start of the village. We had a hearty breakfast at the cute little diner across the street from the Shire.

Our 10km walk started out cloudy with just a tweak of mist coming down. All too soon we started going up. Ann turned to me, surprised we were climbing. Unfortunately, we both wore sneakers. Soon we were tramping through mud, then Leo Bourque caught up to us, we introduced ourselves and continued up together. Both Ann and Leo had umbrellas.

At the top was a cute little bench seat – and then the rains came: no longer a mist, a deluge of rain, with no escaping. We decided to sit and wait it out until, we hoped, it stopped. There we sat, all tightly huddled, me

in the middle with two umbrellas trying their best to shelter us. Shelter us yes, until the rains blew sideways! Thankfully, for our pitiful three, it finally became a trickle again.

We now headed down the other side which was not too bad. As it became steeper there was a wire to our right to grab if needed. That was reassuring until we came upon one troubled section where the wire was broken and the trail had a small muddy washout. Leo, who wore hiking boots, just jumped to the other side. If not for Leo's help we could well have fallen, but he coaxed us across with a strong hand and brought us to safety. Years later, we are still talking about this and Leo remains our hero: the hero of Woodstock's 10km volkswalk.

***Do you have a memorable volksmarching story to share? Send it to [footnotes.editor@gmail.com](mailto:footnotes.editor@gmail.com) for publication in a future edition of **Footnotes**.***

## April Meeting Highlights

by Marianne Marshall

### **Meeting held Tuesday, April 3, 2018**

- AVA thanked WnM for their \$50 donation to Big Give.
- **Ice Cream Parlor: 205 books** sold; **49 people** have completed the program
- 29 Membership renewals received as of meeting date
- **Group Walks:**
  - Concord—April 16 at 8:00 am
  - Fall River—April 21 at 10:00 am
  - Lexington—May 5 at 10:00 am
- **Schedule of traditional events:**
  - Springfield on May 12 (WW April 28)
  - Blackstone on June 16 (WW June 2)
  - Milford on October 20 (WW Oct. 14)
  - Attleboro on December 1 (WW TBD)

- **Starting Point** books have arrived. Two remain available for sale at \$25 each. Contact Bea Hait or check at Specialties Table.

### **Albany Convention 2019 (Empire State Capital Volkssporters host club):**

- WnM's offer to make streamers for the convention accepted. Details to come.

### **Vacant Positions:**

- Group Walk Coordinator position still needs to be filled.
- Membership Chairperson position will be open as of January 1, 2019.
- And club elections are slated for this fall. If you would like to run for President, Vice President, Secretary, or Treasurer please advise one of the current WnM officers or board members.

# Thanks Unknown Gifter

by Karen Plichta

To whom it may concern, a belated thank you note.

I've been remiss in sending this public thank you to the person who brought the fluorescent blue backpack to the after-holiday party regifting Yankee swap.

When my number was called at the party to go select a gift, I picked up a package which I assumed had a bottle of wine in it due to its obvious shape. However after I picked it up, I "mistakenly" shook it. It wasn't heavy so I thought to put it back on the table assuming it didn't have the "gift" inside that I was anticipating. However, some eagle eyes at the head of the table noticed me shaking the package and immediately said "you shook it and now it's yours." I was disappointed because I figured what was in the package wasn't what I'd presumed it to be.

When I opened it up and saw the blue fluorescent water resistant backpack, I could

not have been happier. I'd been shopping around for just this item the past couple of months but couldn't find one that suited me. Then I sat down and was very anxious throughout the rest of the swap that someone would take it from my hands. Again, my luck held out and I came home with it.

The backpack has been extremely useful during our snowy winter season this year. I have a volunteer job that I walk to 3 days a week. During inclement weather, I throw my papers in the backpack to keep them reasonably dry and my hands free to hold an umbrella or keep my hat from blowing off my head. It's just worked out perfectly for me.

SO to this gift giver, you know me better than I know myself because you gave me something I needed versus something I wanted.

Thanks again for your thoughtfulness,  
— Karen Plichta

# Holliston Pictures:



Far left: Sue Robertson, Margo Craven, Jean Morrissey, and Carol Ann Dorer discuss which soups to target first.

Left: Marianne Marshall, Verna DeVine, and Pat Graeben converse at Specialties.

Top right: Part of the lineup of soups.



Bottom right: Everyone is happily eating.

Far right: Yellow team takedown crew (Deb Redfield, Margo Craven, and Nancy Estrella) with the Holliston Panther statue at the high school.



All photos courtesy of Joanne Izbicki except eating crowd which is courtesy of Monica Hait.



## Walk Coordinator Speaks

by Beate Hait

**Holliston in Review** – Our club's walking season got off to a great start with 62 participants at the Soup Walk on April 7. The weather started off chilly and overcast with the sun making an appearance shortly before the soups were served at noon. As has become a tradition, there was a great variety of appetizers, soups, breads—including some home baked!—and desserts. Thanks to all who contributed to this scrumptious spread and to Chris and Chuck Lipson with helpers Sue and Dave Robertson, Carol Ann Dorer, and Elaine Johnson who managed the food/beverage part of this event. Thanks also to club members who helped with staging the walk itself: Monica Hait, Bev Lange, Verna DeVine, Jean Morrissey, Joe LaPointe, Mary Frink, Miriam Boucher, Diane Peterson, Nancy Estrella, Pat Graeben, Marianne Marshall, Joanne Izbicki, Jack Fernandes, Diane Bucher, Dawn and Keith Harlow, Karen Plichta, Ann Plichta, Margo Craven, and Deb Redfield. [Editor: see Holliston photos on page 7.]

**Springfield—Forest Park** – Jan and Bob Varnon have planned lovely 6km and 10km routes showcasing scenic trails through this 735-acre park. We hope many of you are able to attend this year on May 12.

**SAVE THE DATE: Tuesday, June 11, 2019** – On this day our club will be showcasing these routes through Forest Park as part of the AVA Biennial Convention events in Albany, NY, and we'll need many volunteers that day to help welcome the 300 to 500 volkssporters expected to attend the convention. While the business and social parts of the convention will take place Wednesday through Friday (June 12 to 14, 2019), clubs in the Northeast Region will be hosting day events from the weekend before to the weekend after the business meeting days, and volunteers will be sought for myriad tasks on each day. We hope many club members will be able to lend a hand in some capacity. Details will be forthcoming as the year unfolds.



## Photo Time: Fall River Group Walk



*The sun was out, temps were pleasant, and 13 people attended the April 21 group walk in Fall River.*

*The route change to include Columbia Street got a thumbs up from the crowd.*

Margo Craven