

President's Corner by Mary Frink

It's my favorite time of year! I love the fall. The trees are so beautiful and the weather is cooling down. It's perfect for being outside and walking! I also love all the agricultural fairs, Topsfield being the one I go to every year. There's something about watching giant pumpkins being weighed and the people who grow them being so excited that's fun to be around.

I am trying to take advantage of this wonderful weather and finish my Ice Cream Parlor book! As of this writing, I have 2 more walks to do. Miriam Boucher and I did Two Town's Beverly walk this morning, or it would still be 3 more. The Malden walk on October 26 will count and I'll be down to 1! If you don't have a book, you have until December 31 to buy one and you have until December 31, 2020 to turn your book in. So far, we have sold 225 books and 104 people have completed! It has been a lot of work to put on this special program, but I'm glad we did it. I have gotten many

nice notes from people who have really enjoyed participating in it. Ice cream is always wonderful! If you have a book, how close are you to finishing?

It's never too early to start thinking about walks for next year. Are there any walks from the past you would like to do again? Is there somewhere new where you think we should have a walk? I know I ask this all the time, but we are always looking for new ideas! We tried to bring back a few this year where we had terrible weather when they were done before. Unfortunately, some of them had bad weather again! At least no tornado warnings have coincided with walks this year. Maybe you have an idea for a theme in 2020. It will be our 35th anniversary next year!

I hope you can get out and enjoy the fall weather. I don't like to think about it, but winter will be upon us before we know it. See you on the trail!

Answer to September's Where is that?

These smiling fish can be seen on our Plymouth seasonal walks.

Photo by Joanne Izbicki



BREAKING NEWS

Add these autumn group walks on the Cape to your calendar!

Saturday, Sept. 28 at 10:00 in Sandwich

Sunday, Oct. 13 at 10:00 in Hyannis

Come Friends, Let's Walk

Appalachian Trail Hikes

❖ **Saturday, Oct. 5**
Group Walk:
Kent, CT
9:00 am (CVVC)

❖ **Sunday, Oct. 6**
Group Walk:
Cheshire, MA
10:00 am

❖ **Sunday, Oct. 6**
Group Walk:
Newport, RI
10:00 am

❖ **Saturday, Oct. 12**
Group Walk:
Gloucester, MA
(TTWC)

❖ **Saturday, Oct. 12**
Day Event:
Skaneateles, NY
(FLRVC)

❖ **Saturday, Oct. 26**
Day Event:
Malden, MA

See club or AVA website for starting location details on these events. For group walks, please aim to arrive 15 minutes earlier to sign-in.



Issue Highlights:

September Meeting Highlights – 2
Trail Master's Diary: Malden – 3

Bulletin Board – 4
Lowell Recap – 5

Walk Coordinator Speaks – 6
COTY Pictures – 6

September Meeting Highlights

by Marianne Marshall

Meeting held Tuesday, September 3, 2019

- **New POCs needed:**
 - Facebook—post club events [Ed: now filled]
 - Group Walk Coordinator
- **Group Walk Schedule:**
 - Sunday, Oct. 6, Cheshire, 10:00 am
 - Sunday, Oct. 6, Newport, 10:00 am
 - Friday, Nov. 29, #OptOutside groups
- **Ice Cream Parlor: 225 books** sold; **104 people** have completed the program.
- **Membership:** 200 total members; 146 units.
- **Specialties:** Bea to order one more 2020 *Starting Point* than the number of pre-orders she receives so 1 extra available to sell.
- **Sunshine:** Thinking-of-you card to Emily Goyette; wedding congratulations card to Jack Allen and Jen; sympathy card to Janet Schaeffer whose husband, John, recently died.

Walk Coordinator

2020 walks in various stages of planning:

- Hopkinton (soup walk), March 21 or 28
- Devens, April 18 or May 16 (Armed Forces Day)
- Sudbury (ice cream walk), summer
- Turners Falls, in conjunction with an Empire State walk
- Leominster
- Pawtucket (picnic walk)
- Attleboro
- If WnM is to reach 390 day events by end of its 35th year in 2020, will need to hold 8 day events. Anyone wanting to be POC of an event, please contact Bea.

AVA Topics: Changes to YREs and SEs will now be incorporated on the detail page for the specific event, not as a separate composite posting.

New Business: WnM's 35th Anniversary in 2020; initial ideas for a special challenge presented. More to come.

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Trail Master's Diary: Malden

by Ann Plichta

One of the things I most enjoy about walking with Walk 'n Mass Volkssport Club is the chance to learn about different cities and towns that I might not otherwise visit. Take, for example, our upcoming 5km and 10km routes in Malden on October 26. I've never been to Malden except driving through on the highway. Walking gives me the chance to explore the history and architecture of a new place.

Malden was first settled by the Puritans in 1640, and incorporated as a town in 1649. It was named after Maldon, England. Citizens of Malden boycotted tea in 1770 to protest the Revenue Act of 1766, and Malden was the first town to petition the colonial government to withdraw from the British Empire.

Both the 5km and 10km routes start by passing the New England Coffee Company, where many coffees are roasted on site. The routes continue along the Northern Strand Community Trail, part of the Bike to the Sea which is connecting old railroad tracks from Lynn to Everett. It'll eventually pass the new Encore Casino which walkers get a good view of along the way. They then pass the Bell Rock Cemetery, originally known as the Common Burial Ground at Sandy Bank. It is the oldest in the city, and contains the graves of poet Michael Wigglesworth, and a witch (supposedly). The routes continue by Bell Rock Park, designed by Frederick Law Olmsted on the site of the two earliest Congregational meeting houses in Malden. It features American Civil War and World War II Memorials. Walkers then head into downtown with the architecturally beautiful and historic First Baptist Church and Public Library. The library was designed by prominent architect

H. H. Richardson who was originally commissioned to design the church as well, but passed away before work began. His son-in-law designed it instead. The 5km route then heads back through parts of downtown before heading through a residential area with many Victorian homes. The 10km route then joins in, passing by the home of Mark Twain's publisher and the Pearl Street Station restaurant which is located in the original Malden Train Station before finishing.

After the library, the 10km route passes by the Davenport estate, the home of the interior designer and furniture maker commissioned to decorate the White House by Theodore Roosevelt. The route continues by Forestdale Cemetery and into Melrose, passing by Wyoming Cemetery. Two U.S. Congressmen, a pro football player, a Civil War Congressional Medal of Honor winner, and a Hall of Fame Baseball Manager are buried here. Walkers will continue past athletic fields to a modern residential area before crossing a small bridge over the Malden River. The route passes the Oak Grove Orange Line station before heading past a residential area with many Victorian Era homes and then joining up with the 5km to the finish.

Both routes are on mostly flat, paved surfaces, and are AVA rated 1A. They are doable for strollers but some uneven pavement and lack of curb cuts may make it difficult for wheelchairs.

Come explore Malden with Walk 'n Mass on October 26 with 5km and 10km routes through historic downtown and neighborhoods. Hope to see you on the trail!



Bulletin Board

If you are interested in helping staff the Malden event on Oct. 26, please contact Bea at beateh1@aol.com or 508-429-3564. Volunteer spots available for trail marking, start, specialties, checkpoint, finish, and trail takedown.

Do you have a volksmarching travel story to share?

Send it to footnotes.editor@gmail.com for possible publication in a future edition of **Footnotes**.

Next Club Meetings
Monday, October 7
Monday, November 4

6:30 pm

Stop & Shop
40 Franklin Village Drive
Franklin, MA 02038

Up the stairs past
Customer Service Desk

Rockin' Around the Clock
AVA Special Program

Runs from Jan. 1, 2020-Dec. 31, 2022; redeem books by Dec. 31, 2023. This program challenges participants to find public clocks while out enjoying volkssporting events. Complete 24 different AVA sanctioned events that include a public clock, clock & repair shop (if clocks are the primary business), clock tower, astronomical clock that also displays the time, or clock museum. Only one use of an IVV Stamp is allowed for each qualifier per year. Non-qualifiers: sundials, billboard advertising sign, clocks in museums other than a clock museum, clocks inside buildings or seen through windows. Books are \$10 each. Upon completion, award is 3 x 4 inch patch depicting a variety of public clocks. Make checks payable to Maumee Valley Volkssporters. Order books from POC:

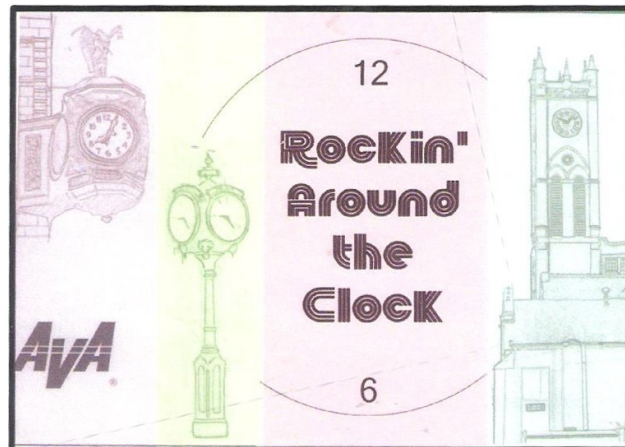
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We are pleased to announce that **Blake Mitchell** has volunteered as Facebook POC, taking over these duties from **Jack Suchodolski**. We thank them both and hope Jack enjoys transitioning to Florida life!

Newsletter Submissions to:

footnotes.editor@gmail.com

Deadline for next issue: Oct. 21st



Lowell Recap

by Monica Hait



Eileen Anderson



Beate Hait



Beate Hait



Margo Cravven



Top: Beate Hait with Eileen and Peter Anderson from CT.

Above: It's unclear if these Rangers are keeping extra watch over Verna DeVine because she was eyeing the Rangers' electric vehicle or if they are merely being attentive.

Upper and far right: the Start/Finish tent staffed by WnM and NPS Rangers.

We are so lucky to have NPS Ranger Dave Byers as an enthusiastic organizer of walks in Lowell, this time with ample assistance from Ranger Dylan Sims. Again we were met with a fabulous, interesting trail and a whole fleet of helpful rangers. With tents at the Start/Finish and each checkpoint, volunteers and rangers remained relatively dry when the slight drizzle turned to harder rain later in the afternoon. Walkers returned with smiles, regardless of the weather they encountered on the trail, as the route was so enjoyable. Noteworthy is that participants (52 total) hailed from 8 different states: New England plus Texas and Florida.



Bev Lange

Ernie & Agnes Laviolette were tremendous yet again in partnering with Dave Byers.



Helen Tolbert

Though Lucky was a bit nervous at first, he got "all aboard" on the train.



Mary Fink



Beate Hait



Lower left: The excitement was palpable as a dropped set of sunglasses allowed the Rangers to explore a typically cordoned off area and get an up-close look at the channels below the sidewalk that ran between the mills and the canal.

Walk Coordinator Speaks

by Beate Hait

Due to unforeseen circumstances, our Walk Coordinator was unavailable to author her usual column this month.

Guest Column by Monica Hait: As you know, my mother is a tremendously dedicated volunteer for Walk 'n Mass. What you may not realize is that her "free time" is often filled with activities beyond walking and there are a number of organizations within our town of Holliston that are the beneficiaries of her talents. In early September, she was notified that she had been chosen as a 2019 Citizen of the Year by the Celebrate Holliston committee. This honor was met with significant surprise by the honoree, but not by those who understand the countless hours involved in the events she helps orchestrate, lead, and staff around town. The festivities surrounding the Citizen of the Year culminated at the Celebrate Holliston Parade and Field Day on September 21. Please enjoy these photos from the parade and award presentation. We hope that Mom will not miss future newsletter deadlines due to the avalanche of accolades that are rolling in. She is AMAZING!

<http://www.celebrateholliston.com/2019-citizens-of-the-year.html>

All photos by Monica Hait unless noted



Bev Lange

Enjoying a quiet moment with family before heading to the stage to accept her award. L-R: Beate, daughter Monica, daughter Liz, and granddaughter Priya.



Accepting awards from dignitaries, including State Rep. Carolyn Dykema (left) and State Senate President Karen Spilka (right).



Above: Riding in style during the parade in a powder blue 1969 Cadillac. Perfect for waving and tossing candy to the waiting crowds.



Left: At home with her award plaque and several commendations honoring her as a 2019 COTY.