

President's Corner

Hello everyone! As I write this, summer is coming to an end and fall is on its way. As you all know, I am a huge fan of fall. I do miss the summer when it's gone. I love the long days and the warm temperatures. However, I think fall is the best time to walk. The color is so beautiful and I prefer walking when it's cooler. Someone said to me the other day that they didn't like fall because that meant winter was near. I did hear something on the news about people who are out Christmas shopping already. I don't think of fall that way. I think of it as a time for new things. I moved to Massachusetts in the fall, started my current job in the fall, bought my current car in the fall, the list goes on! My chorus starts up again after a summer break. Most of my family has their birthday in the fall (including me!). I don't know if it's related to the start of a school year that makes me feel this way, but I seem to start or try new things in the fall. I hope you can get out and enjoy everything fall has to offer!

A few weeks ago, our new Northeast Regional Director (NERD), Wayne Knapp had our first regional Zoom meeting! This was a chance for club board members to get to meet each other, if they hadn't already, and to connect as clubs. Wayne gave a short talk about what he hopes to accomplish and the club presidents each got a chance to talk about their club and ask questions. It was so nice to see everyone. I did see some of them at the convention, but most I haven't seen since before the pandemic. What came out of the meeting was

by Mary Frink

that we, as a region, are going to try to do more things together, like tri-state weekends where 3 clubs each take a day and put on walks that are close enough together physically for someone to be able to do all three. I've been to one tri-state and it was a lot of fun! You get to see new places and we will be supporting our sister clubs in the region. As I learn more, I will keep you posted.

In the last newsletter, I put out the challenge to everyone to come up with a new walk or bring back a walk we've done before. I'm putting my money where my mouth is and am going to put together a walk next year! My parents live near Lincoln Woods State Park in Rhode Island. When I was down visiting on Labor Day weekend, my mom and I took a drive through the park. I had forgotten how beautiful it is. They have built up one of the beach areas and it looks like a good place for a start point! They have lots of parking and there is a new building with bathrooms. I'm thinking it might be a good place for a picnic walk next summer. If you are interested in being a POC, but want to see how everything works first, this will be a great opportunity! If you'd like to be a co-POC with me, let me know at mfwalks2010@verizon.net. I have been a POC before and am totally willing to pass along what I've learned! You don't have to live in RI to help out. I'm also working on a possible walk near my house, so there may be other opportunities! Are you going to be a POC next year?

Come Friends, Let's Walk

- ❖ *Saturday, Oct. 2*
Day Event:
Manchester, VT
(ESCV, Fall Foliage)
- ❖ *Saturday, Oct. 9*
Day Event:
Turners Falls, MA
- ❖ *Sunday, Oct. 10*
Group Walk:
Keene, NH
10:00 am (TSVA)
- ❖ *Sunday, Oct. 17*
Group Walk:
Hyannis, MA
10:00 am
- ❖ *Saturday, Oct. 23*
Group Walk:
Wellesley, MA
10:00 am
- ❖ *Saturday, Nov. 6*
Group Walk:
Provincetown, MA
10:30 am

See club or AVA website for starting location details on these events. For group walks, please aim to arrive 15 minutes earlier to sign-in.



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AVA Achievement Awards (compiled from *The American Wanderer*)

Based on the IVV Event and Distance Award information in the September 2021 issue of TAW, **congratulations** are due to the following people:

Name	Events	Distance
Carol Giesecke	175	1,000 KM
Jack Suchodolski	375	
Mary Suchodolski		5,000 KM
Mary Saratora	500	5,500 KM
Kathryn Piffat	575	
Sheila McClellan	900	
Beate Hait	1,000	
Betty Green	1,100	9,000 KM

Did I overlook either your event or distance award? Please let me know so I can include it in the next issue of *Footnotes*.

-Marianne Marshall,
mrbwalker@verizon.net

President

Mary Frink, Everett
617-387-1577
mfwalks2010@verizon.net

Vice President

Keith Harlow, Blackstone
508-353-3336
krhguy13@yahoo.com

Secretary

Marianne Marshall, Waltham
781-899-5975
mrbwalker@verizon.net

Treasurer

Karen Plichta, Fall River
508-673-2374
karenp53@verizon.net

Activities Chairperson
open, volunteer needed!

Email Contact

Paul Graveline, Andover
978-470-1971
k1yub@comcast.net

Membership Chairperson

Diane Peterson, Lowell
978-987-3064
di1258@gmail.com

Walk Coordinator

Beate Hait, Holliston
508-429-3564
beateh1@aol.com

Group Walk Coordinator

Pat Damiani, Sagamore Beach
508-888-7366
pmdwalks@comcast.net

Equipment Managers

Keith & Dawn Harlow, Blackstone
krhguy13@yahoo.com

Trail Master

Ann Plichta, Fall River
508-673-6553
amplic@comcast.net

Assistant Trail Master

Karen Kolaczyk, Marlborough
508-481-7389
kkolaczyk@comcast.net

Print Newsletter Circulation

Ernie & Agnes Laviolette, Hudson
978-562-7023
ealavio@verizon.net

E-Newsletter Distribution

Margo Craven, Attleboro
magoo249@comcast.net

Newsletter Editor

Monica Hait, Holliston
footnotes.editor@gmail.com

Publicity Chairperson

Karen Kolaczyk, Marlborough
508-481-7389
kkola20151980@comcast.net

Specialties Chairperson

Beate Hait, Holliston
508-429-3564
beateh1@aol.com

Sunshine Coordinator

Chris Lipson, Bedford
781-275-0464
c2lipson@msn.com

Historian

Dawn Harlow, Blackstone
dawnvt@yahoo.com

TAW Coordinator

Joe LaPointe, Holliston
landogriffin78@yahoo.com

Volunteer Awards

Marianne Marshall, Waltham
781-899-5975
mrbwalker@verizon.net

Facebook POC

Blake Mitchell, Holliston
kblakemitchell@hotmail.com

Webmaster

Bill Howe, Chelmsford
978-256-7370
bill.howe@bvhowe.com

Trail Master's Diary: Turners Falls

by Ann Plichta

I don't know about you, but I really like walking in the fall. The air is usually dry and crisp, and the trees are turning beautiful colors. Walk 'n Mass invites you to get outside and enjoy the fall weather with 5km and 10km walks in Turners Falls on October 9. Turners Falls is the largest village in the town of Montague. It's named after Captain William Turner, who played a key role in the so-called Indian Wars in 1676.

Turners Falls was established as a planned industrial community in 1868, due to the power of the waterfalls in the area. As you walk through the quaint downtown, you will notice the village is laid out in a grid pattern. North/south streets are alphabetical, and east/west streets are numerical. Avenue A, the main street, was designed as a grand 100 foot tree lined avenue. Many mills were attracted to Turners Falls due to its hydroelectric power. The most prominent of these was the John Russell Cutlery Company, then the largest cutlery company in America which was known for its production of the Bowie knife. Several paper mills also took advantage of the falls. In the 1880s and 1890s, businessmen erected three- and four-story brick buildings in the downtown area. It became a vibrant place around the turn of the century with four hotels, direct rail service from New York City, taverns, and theaters.

Both the 5km and 10km routes leave the start point at the DCR Great Falls Discovery Center to the Canal Side Rail Trail alongside Barton Cove, a popular spot for outdoor recreation. They then head to the picturesque downtown area along Avenue A. The 5km route explores

a park with a unique fountain before heading to an area with several churches. Pass by a Carnegie Library and Our Lady of Peace Catholic Church, before heading past Our Lady of Czestochowa, a Polish American Catholic Church. You'll also catch a glimpse of the First Baptist Church. Walkers continue along Avenue A heading to the Canalside Rail Trail back to the Discovery Center. Before finishing, the route continues across a pedestrian bridge for a great view of the Connecticut River.

The 10km route heads down Avenue A to the Canalside Rail Trail towards a power plant. As you walk along the canal, keep an eye out for migratory birds. As Karen and I were walking with POCs Jan and Bob Varnon, we spotted a pair of heron along with many ducks. The trail continues along a bike path until it crosses over the Connecticut River. Further along, the route crosses over a bridge with a pretty view where the Deerfield River enters the Connecticut River. Walkers then retrace their steps, continuing along the Rail Trail back to the finish. Be sure to take some time to visit the Discovery Center with informative displays depicting the history of the Connecticut River Watershed and Turners Falls.

Both routes are on mostly paved surfaces with some moderate hills. They are rated 2A, difficult for strollers and wheelchairs. Enjoy the fall weather with Walk 'n Mass in Turners Falls on October 9. Make it a weekend and head to Keene, New Hampshire on October 10 with Twin State Volkssport Association. Hope to see you on the trail!

Make it a Walking Weekend!

Nearby seasonal routes: **Greenfield** (approx. 10 minutes) or **Shelburne Falls** (approx. 25 minutes) from Turners Falls. The Shelburne Falls walk box will be available at the start/finish in Turners Falls.

The Twin State Volkssport Association will host a group walk in **Keene, NH** on **Sunday, October 10 at 10 am.**

Registration for Keene at AVA's Online Start Box (my.ava.org), OR via physical sign-in sheet with IVV stamp. Meet at Panera Bread, 298 West Street, around **9:45** so all can begin to walk at 10 am.

Contact Carolyn Adams at carri757@gmail.com to learn more about the Keene walk, post-walk eating plan, or the annual TSVVA club meeting to follow.

Bulletin Board

Limited quantity of the special AVA National Volkssport Month patch for 2021 will be available to purchase in Turners Falls on October 9 for \$4.00.



Cryptogram answer from September issue:

I only went out for a walk and finally concluded to stay out till sundown, for going out, I found, was really going in. — John Muir

Newsletter Submissions to:

footnotes.editor@gmail.com

Deadline for next issue: October 21st

Next Club Meetings

Saturday, Oct. 2

10:00 am

the Harlows' backyard
32 Bellingham Road
Blackstone, MA

Monday, Nov. 1

7:00 pm

Virtual Meeting via Zoom
Contact Mary at
mfwalks2010@verizon.net
to RSVP and receive
meeting details

Do you have a most memorable walk or volksmarching travel story to share?

Send it to footnotes.editor@gmail.com for possible publication in a future edition of **Footnotes**.

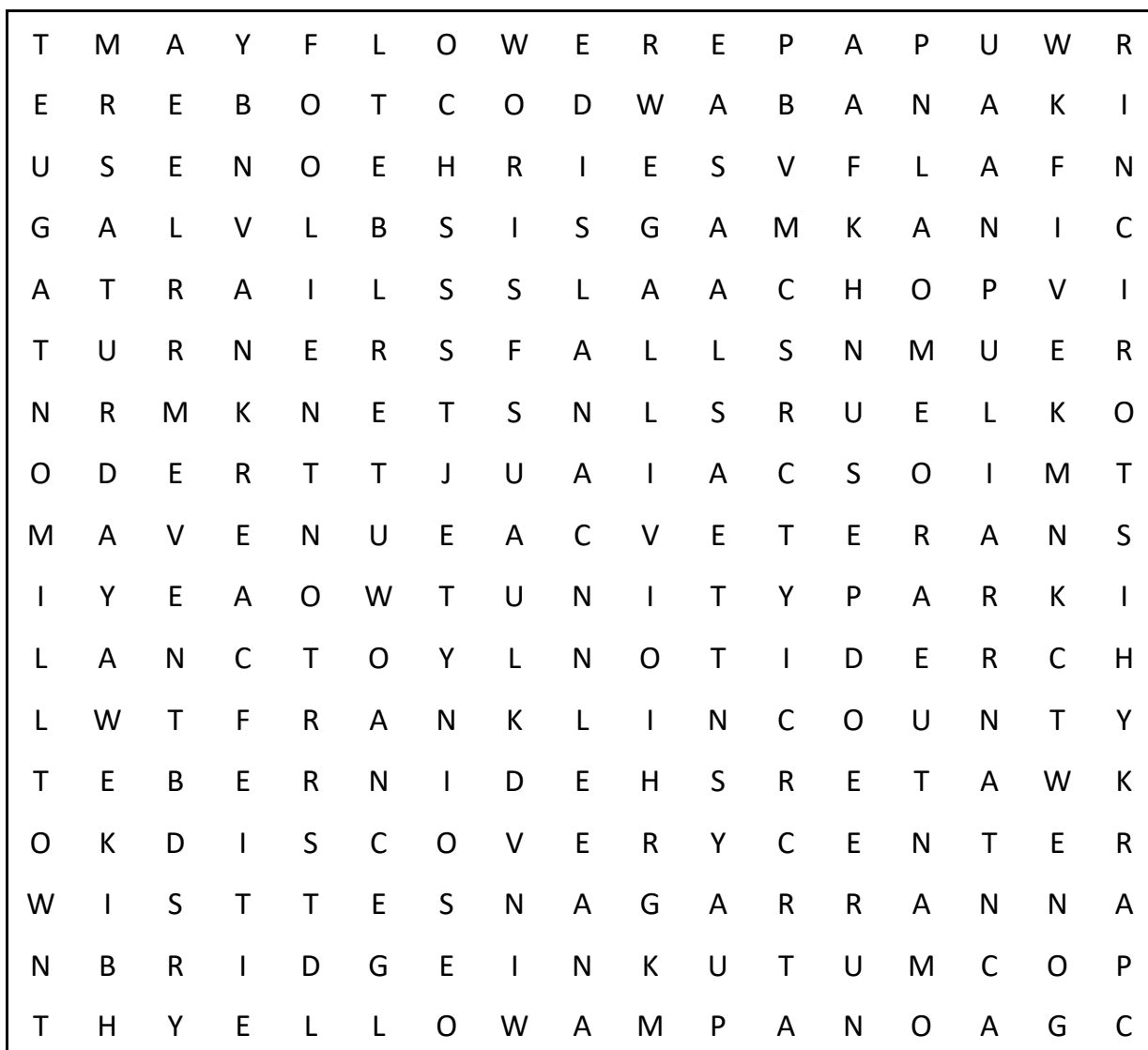
WnM is looking for new volunteers, new walks, and new ideas! If you have been exploring areas near you during this pandemic time or otherwise, we would love to hear suggestions of places to walk! There are plenty of people available to help develop routes, so don't feel you have to have it all figured out before making a suggestion. Please reach out to Beate Hait (Walk Coordinator, beateh1@aol.com or 508-429-3564) or Mary Frink (President, mfwalks2010@verizon.net or 617-387-1577) to share your ideas. We need to start thinking about next year's day events now!

Thanks!



Turners Falls Word Search

by Joanne Izbicki



- | | | |
|-------------------|---------------|------------|
| AVA | Mayflower | Two A |
| Avenue A | Mill Town | Unity Park |
| Bikeway | Montague | Varnon |
| Bob | Narragansetts | Veterans |
| Bridge | Nipmuc | Village |
| Canalside | October | Wabanaki |
| Connecticut River | Paper | Walk |
| Credit Only ** | Park | Wampanoag |
| Discovery Center | Pocmutuk | Watershed |
| Event | Rail | Yellow |
| Five KM | Red | |
| Franklin County | Saturday | |
| Hills | Ten KM | |
| Historic | Trail | |
| Jan | Turners Falls | |

*** Note: there will also be a limited supply of the 2021 AVA National Volkssport Month patch available to purchase for \$4.00.*

September Meeting Highlights

by Marianne Marshall

Meeting held September 8, 2021

Event:

- Turners Falls, Sat., Oct. 9, start 10-noon

Group Walks:

Unless otherwise noted, sign-in starts 9:30 am with walk at 10:00 am

- Sun., Oct. 17, Hyannis
- Sat., Oct. 23, Wellesley
- Sat., Nov. 6, Provincetown (10-noon sign-in, 10:30 group walk; rain date Nov. 13)
- Sat., Dec. 4, Newton
- Sat., Dec. 11, Wellesley

Sunshine: Sympathy card to Claudia Cauchon on the death of her mother, Jane. Get well card to Ruth Medeiros; 90th birthday card to Charlotte Phillips.

Walk Coordinator:

- * Renewal for 2022 year-round/seasonal events submitted. Online start only for Provincetown and Cheshire; online & physical start for both Boston walks, Providence, Lowell, and Quincy; all others physical start boxes only. Greenfield not renewed.

- * Hopkinton day event in April 2022
- * Ten October 2021 National Volkssport Month patches received for sale in Turners Falls; 3 already reserved. Any patches remaining after Turners Falls will be brought to Keene, NH group walk on Oct. 10.

AVA News:

- WnM meeting attendees voted to give \$50 to AVA's Big Give.

Northeast Regional Director's meeting Aug. 24:

- Encouraged clubs to work together and provide him suggestions for multi-event weekends.
- AVA would like the NE region to staff a checkpoint for one walk on one day of the 2023 IVV Olympiad in San Antonio, TX.

New Business:

- * Upcoming club meetings: **Saturday, October 2 at 10 am** outside in the Harlows' large backyard in Blackstone; **Monday, Nov. 1** and **Monday, Dec. 6 at 7 pm** via Zoom.

Picture Time!

Top: joyous participants enjoying the walk route in Plymouth; [L-R] Keith Harlow, Carol Giesecke, Marianne Marshall, Don Bolin, Joanne Izbicki, Carol Dorer, Margo Craven



Margo Craven

Bottom: a large, festive greeting for walkers (and others) in Bristol; [L-R] Carol Giesecke, Carol Dorer, Margo Craven, Marianne Marshall, Keith Harlow



Joanne Izbicki

If you'd like to join the fun with Keith's Tuesday walks this autumn, reach out to him to learn about upcoming walk plans. Keith can be contacted at 508-353-3336 or krhguy13@yahoo.com