

President's Corner by Mary Frink

All I can say is wow! The Lincoln Woods walk was a resounding success! The weather was beautiful and we had more than 50 people participate. There were some new faces and others we haven't seen in ages. Most stayed for the picnic which was a lot of fun. It was great to see people in person and chat. There were participants from at least 7 clubs and from as far away as California and Florida. Thank you to everyone who brought desserts and snacks. I'm so happy that everything went well and everyone had a good time.

Of course, I didn't do this all by myself. Volunteers are what make these walks happen. Many, many, many thanks to all of you! Rayna Ahluwalia, Pat Almeida, Rick Almeida, Miriam Boucher, Diane Bucher, Verna DeVine, Beate Hait, Monica Hait, Sandy Hall, Keith Harlow, Joanne Izbicki, Paul Kelly, Bev Lange, Marianne Marshall, Jean Morrissey, Linda Perrotto, Ann Plichta, Karen Plichta, Carol Raposa, Jerry Raposa, Dolores Vaz, Joel Weddig, and Susan Weddig. You all did an amazing job and without you, the walk wouldn't have gone nearly so smoothly.

I also really want to thank my mom. When she was a camp administrator she had a magic power. She could ask for rain to not happen until after "x" was over and sure enough, the rain wouldn't start until after "x" was over. I was one of the last people from the walk to leave the park. My parents live the next town over from the park, so I went over there to visit. Not an hour after I got to their house, there was thunder and lightning and pouring rain! So, thank you Mom for putting in a good word for us and having the rain wait until after the walk was over.

Congratulations to everyone who got volunteer awards at the picnic. As I said above, these walks work so well because of all the time volunteers put in to make them happen. Now it's time to focus on the next walk in Framingham on October 15!

Photo by Beate Hait



Come Friends, Let's Walk

- ❖ Tuesday, Sept. 6
Walk & Lunch:
Wellesley 10:30 am
- ❖ Saturday, Sept. 10
Group Walk:
Kent, CT
(Appalachian) 9:00 am (CVVC)
- ❖ Saturday, Sept. 10
Group Walk:
Bristol, RI 10:00 am
- ❖ Tuesday, Sept. 13
Walk & Lunch:
Hyannis 10:30 am
- ❖ **Sept. 17-18**
Northeast Weekend
Niagara/Buffalo, NY
- ❖ Saturday, Sept. 24
Group Bike/Walk:
Bedford 10:30 am
- ❖ Saturday, Oct. 1
Group Bike/Walk:
Sandwich 10:30 am

See club or AVA website for starting location details on these events. For group walks, please aim to arrive 15 minutes earlier to sign-in.



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August Meeting Highlights

by Marianne Marshall

Meeting held August 6 in Holliston

Sunshine: Sympathy card sent to Emily Goyette's family. Get well card sent to Jean Morrissey. Happy 50th anniversary card sent to Joel & Susan Weddig.

Walk Coordinator:

+ Framingham (Cochituate Rail Trail): looking for volunteers to staff walk. Workers' walk 9am on Sat., Oct. 8; event walk on Sat., October 15.
+ Due to major road construction in Hopkinton, Bea investigating possibility of a soup walk in Holliston on either April 1 or 15, 2023.
+ Connecticut Valley Volkssport Club (CVVC) is putting together a 5-county program for Rhode Island starting in 2024. If day events are scheduled, CVVC would look to WnM for support.

AVA News:

- AVA Board of Directors approved AVA joining IVV-Americas group.
- 2023 AVA Membership Meeting will be held on Friday, February 24, and another session in June.
- Big Give will be 6pm Thursday, Sept. 22 through 6pm Friday, September 23.

New Business:

- * Upcoming club meeting:
Monday, Sept. 12 at 6:30 pm via Zoom
- * Progress in planning for a Cape Cod weekend May 19-20, 2023.

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WnM Volunteer Awards

by Marianne Marshall

Who does Walk 'n Mass appreciate? The POCs of day/yearly/seasonal events; the many people who help ensure fun and successful traditional events by marking trails, signing walkers up, ensuring people are doing well at the checkpoints, stamping books at the finish, and clearing the trail at the completion of the event; and those who serve on the Executive Board are the people who keep the club running smoothly. Each year, WnM recognizes those volunteers who have reached one of the recognized levels of achievement—10, 50, 100, 200, 300 volunteer hours, etc. Many thanks to the following people who helped make WnM's 37th year a memorable one:

Alida Lupsiewicz, Phil Lupsiewicz	10 volunteer hours
Carol Giesecke, Blake Mitchell	50 volunteer hours
Diane Peterson	100 volunteer hours
Miriam Boucher, Bob Varnon, Jan Varnon	300 volunteer hours
Dawn Harlow, Keith Harlow	500 volunteer hours
Joanne Izbicki	700 volunteer hours
Ann Plichta, Karen Plichta	900 volunteer hours
Monica Hait	1,000 volunteer hours
Agnes Laviolette	1,100 volunteer hours
Pat Damiani	1,200 volunteer hours
Margo Craven	2,000 volunteer hours
Marianne Marshall	2,100 volunteer hours



Bulletin Board

STARTING POINT 2023 ORDERS

If you'd like a copy of the 2023 Starting Point book that lists all the year-round and seasonal events in the US, please call (508-429-3564) or email (beateh1@aol.com) **by Sept. 25** to order your copy. Delivery is expected in early December. Cost is \$30 plus \$5 postage to mail it to you.

Newsletter Submissions to:

footnotes.editor@gmail.com

Deadline for next issue: Sept. 21st

**Next Club Meeting
Monday, Sept. 12**

6:30 pm

*Virtual Meeting via Zoom
Contact Mary at
mfwalks2010@verizon.net
to RSVP and receive
meeting details*

Autumn Walk Plans: GW = Group Walk [sign in at 9:30, group walk at 10:00];

WL = Walk and Lunch Tuesdays with Keith [start at 10:30]; TE = Traditional/Day event)

- | | | | | | |
|------------------------|----|-------------------------|--------------|----|----------------------|
| • Wellesley | WL | Tuesday, September 6 | • Fall River | WL | Tuesday, October 4 |
| • Bristol | GW | Saturday, September 10 | • Lexington | GW | Monday, October 10 |
| • Hyannis | WL | Tuesday, September 13 | • Sandwich | WL | Tuesday, October 11 |
| • Niagara Falls, Etc. | TE | Sat-Sun, Sept. 17 & 18 | • Cochranton | TE | Saturday, October 15 |
| • Plymouth | WL | Tuesday, September 20 | • Bristol | WL | Tuesday, October 18 |
| • Bedford Bike/Walk | GW | Saturday, Sept. 24 | • Hyannis | GW | Saturday, October 22 |
| • Newport | WL | Tuesday, September 27 | • Providence | WL | Thursday, October 27 |
| • Sandwich/Bourne Bike | GW | Saturday, October 1 | | | |
| | | (7k & 15K walk options) | | | |

Remembering Charlotte by Walking

by Monica Hait

For the weekend of Charlotte Phillips' memorial service in Vermont, I traveled up with my mom and Bev Lange. We did 3 walks in 3 states over 3 days, which felt like a very fitting tribute to Charlotte (and Ruth), in addition to the celebration of life gathering.



Beate Hait



Bev Lange



Bev Lange



Bev Lange



Beate Hait

[Top] We walked the Middlebury, VT event Charlotte created, and were joined by Cindy Gray of TSVa and a local, first-time volkswalker who fondly recalled meeting Charlotte.

[Middle] Patriot Guard Riders and military honors as part of the memorial service.

[Bottom] Sights along the Concord, NH seasonal route



Bev Lange



Beate Hait

[Editor: No photos from the Lincoln Woods workers' walk we did to start the weekend.]

Lincoln Woods Pictures

It was a glorious day in Lincoln Woods [RI] State Park for our Walk & Club Picnic.



Beate Hait

[Left] Banners and flags helped folks arriving spot the correct end of the parking lot and pavilion [center].



Mary Suchodolski



Monica Hait

[Right] Rayna (6) is ready to explore.



Bev Lange

[Row above] Walkers and volunteers got a chance to chat in the pavilion, where water and snacks were available.

[At right] A mixed group of some folks getting ready to start walking, and some coming back.



Bev Lange

[Below] The yellow loop's trail takedown crew spied a classic car coming through the covered bridge.



Beate Hait

[Left] Instead of walking, Carol Giesecke's friend Pam Runnels chose to capture some of the view in a lovely watercolor.



Keith Harlow

Walk Coordinator Speaks

by Beate Hait

Lincoln Woods, RI – Sat., Aug. 20 – From Attleboro residents Chris and Marina doing their first volkswalk to Dolores from Virginia who completed walking in 50 states this past June, all who attended this walk and club picnic enjoyed the walk route shaded by tall trees and had views of the lake from many angles. Attendees came from CA, FL, MA, ME, NY and RI, including Northeast Region Director Wayne Knapp and Coordinator of the Northeast Region Weekend in Buffalo/Niagara Terry McFarland, who promoted that weekend of events as well as the IVV Olympiad in San Antonio next February.

Deputy NE Region Director, our own Carol Giesecke, brought along her friend Pam Runnels. Sometimes, Pam chooses to sit and paint while Carol walks. This is what Pam did in Lincoln Woods – what a lovely watercolor she created to commemorate this day's event.

Buffalo/Niagara – Northeast Weekend – Sept. 17-18 – Terry McFarland reminds us that there are multiple seasonal events in western New York that can be enjoyed on the way to or from the events in Buffalo and Niagara Falls. See niagaravolkssportclubs.org for details.

North Bennington, VT – Sat., Sept. 24 – Join the Empire State Capital Volkssporters at the Park-McCullough Historic Governor's Mansion at 1 Park St., North Bennington, VT, the start point for the 5K and 11K routes. If you'd like to make a weekend of it to enjoy all the scenic, historic and cultural attributes of this area, there are also seasonal walks in Bennington, VT and Williamstown, MA. For additional information: Louise Remillard, louiseremillard3@gmail.com or 518-496-1879.

Liberty Bell Wanderers – Tues., Oct. 11 – Fri., Oct. 14 – Pennsylvania's Liberty Bell Wanderers club is bringing a bus full of walkers to Sandwich on Oct. 11, to Provincetown on Oct. 12, and Plymouth on Oct. 14. If you'd like to meet and walk with these visitors at any of the three locations, contact Group Walk Coordinator Pat Damiani closer to the date, at which time she expects to have a ballpark time for the bus's arrival.

Framingham, MA – Sat., Oct. 15 – This out-and-back walk route on the Cochetuate Rail Trail starts at the Saxonville Mills Café and Roastery. If you'd like to volunteer to staff a 2-hour shift at this event, please contact me at beateh1@aol.com or 508-429-3564.

I thank Joe LaPointe for the article promoting this walk in the Sept. 2022 issue of AVA's national newspaper, *The American Wanderer*, published quarterly. To receive your copy that highlights many volkssport events in the United States, became an associate member of the AVA (\$25 for individual; \$30 for family). See membership form at <https://cb.ava.org/membership.php>

2023 Walk Planning – I've heard rumblings of a few walk locations but nothing definite yet. Remember, we need a minimum of 90 days (that's 3 months) PRIOR to the walk date to submit the sanction request to AVA. So, for walks next spring, now's the time to explore, figure out a walk route, identify a start/finish location and pick a date.

Bonus Bulletin Board

Haunted Gettysburg Weekend takes place **November 11-13** (Friday-Sunday) this year. There are 4 walks, a swim, and a Saturday dinner to enjoy. Register for the dinner by November 1.

More at <https://my.ava.org/find-a-fest.php> (includes PDF brochure) or <https://sites.google.com/site/yorkwhiterosewanderers>

